

## **NSC FIRST AID AND CPR PROGRAMS EQUIVALENCY STATEMENT**

Through this statement, the National Safety Council declares that our Cardiopulmonary Resuscitation (CPR), AED and First Aid courses are equivalent to those offered by the American Heart Association (AHA) and the American Red Cross (ARC). Our courses follow the 2020 treatment recommendations of the International Liaison Committee on Resuscitation (ILCOR). All our courses are taught by authorized instructors and meet the required cognitive and skills objectives.

The National Safety Council played a significant role in ILCOR for the authorship of the 2015 International Consensus on Cardiopulmonary Resuscitation (CPR) and Emergency Cardiac Care (ECC) Science with Treatment Recommendations (CoSTR). This document serves as the basis not only for the AHA Guidelines but also for the guidelines developed by resuscitation councils worldwide.

In addition, the National Safety Council courses are nationally recognized programs that exceed OSHA best practices for first aid.

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